



20 REASONS TO LEARN





1. **Personal and professional development.**
2. **It can provide us with more and better opportunities (employment, personal life, etc) and improve our quality of life.**
3. **A sense of accomplishment and pride.**
4. **You gain confidence for trying new things.**
5. **Learning something new will make you feel happier.**

6- You get out of your comfort zone.

7- It helps you to acquiring new skills and find innovative solutions in your life.

8- It changes your mind and opens your attitude towards different perspectives.

9- You build stronger connections with other people that share your same or different interests.

10- Learning contributes to higher levels of resilience and self-efficacy in completing a task or tackling a challenge.



- 11- You can discover hidden talents or passions.
- 12- You have an open mind, ready to share new ideas and projects.
- 13- Learning helps you to face new situations.
- 14- Learning provides you experience.
- 15- Learning is beneficial emotionally, financially, physically and socially.



16-Learning helps you to understand other cultural contexts.

17-Learning helps you to learn from your mistakes.

18-It can help you to be more disciplined.

19- Learning can be fun!

20-You can grow as a person, develop your knowledge base and improve yourself for the better.

